

HIV/AIDS & Children & Youth Selected Readings



Ammann, Arthur J. & Arye Rubinstein (eds.). (2000). "Prevention and Treatment of HIV Infection in Infants and Children", *Annals of the New York Academy of Sciences*. Volume 918. New York: The New York Academy of Sciences. Several contributors have gathered information and written about prevention and treatment of HIV infection in infants and children. This group has seen an increased infection rate primarily through mother-to-child-transmission (MTCT). This volume touches on various aspects of HIV and the youth. From the role of NGO's in addressing the issues around children and infants to global strategies for the prevention of MTCT to reduction of vertical transmission through cesarean section to nutrition and breastfeeding. Apart from discussing these subjects that are becoming increasingly important in preventing HIV infection, some scientific, social, economic, political and ethical issues are also discussed. As a recently written book and as a good source of information, it covers many different topics thereby offering something for everyone.

Group of Five. (2002). *Bye-bye, Secrets: A Book About Children Living with HIV or AIDS in their Family*. Toronto: Teresa Group. This book gives an account of five girls between the ages of 10 - 12 years old who tell us about their experiences being in a family where some had been affected with HIV/AIDS. Accompanied with drawings, it gives a unique and quite unfamiliar perspective of HIV/AIDS. We have usually seen or read books written for adults or children by adults. For children to actually give their own account of their experience gives a very realistic touch to this issue. Other kids can relate to the book because it is written by people of their age groups. It is also appealing, easy to read and understand. It is a good book to use when discussing HIV/AIDS with children. By sharing their stories, they demonstrate to other children who might have HIV/AIDS in their families that they are not alone. An excellent educational book for which is highly recommended for teaching children issues around stigma and discrimination in homes and schools.

Pizzo, P. & C. Wilfert. (1998). *Pediatric AIDS: The challenge of HIV infection in infants, children, and adolescents*. (3rd ed.) Philadelphia: Lippincott Williams & Wilkins. This volume is geared for medical specialists and is an attempt to integrate the ingredients and component that are essential to current and future strategies aimed at the management and prevention of this ever-increasing problem.

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