

# HIV/AIDS

## Selected Readings



Bartlett, John G. (2001.) *The John Hopkins Hospital 2002 Guide to Medical Care of Patients with HIV Infection* (10<sup>th</sup> ed.). Philadelphia: Lippincott Williams & Wilkins. This guide discusses the latest guidelines for the care of HIV positive patients. Covering a range of issues from HIV serology to patient evaluation to drugs used for HIV positive patients, from major complications of HIV infection to the prevention of Opportunistic Infections, from management of complications to antiretroviral agents, this guide gives a good coverage of all clinical areas a person who is HIV positive would like and need to know. This is a good reference guide specially tailored for HIV positive people but is also apt to be used by health care workers in the field of HIV/AIDS and people doing medical research in the same field including those who administer help to HIV positive clients

Bennett, Rebecca & Erin Charles (eds.). (2001). *HIV and AIDS: Testing, Screening, and Confidentiality*. Oxford: Oxford University Press. 18 contributors cover an array of issues around HIV/AIDS testing which gives rise to ethical, legal and social issues of the most contentious and delicate nature. It also talks about the development of new variants of HIV infection as well as the need for the continued development of testing procedures. It further describes the current types of HIV/AIDS testing as well as a look at their advantages and limitations. Ethical issues around HIV is brought to light with a look at how counselling and disclosure of HIV results can give rise to legal and confidentiality issues. Such issues shed light on broader things around professional ethics and individual rights in other medical and social contexts. Academic researchers and healthcare professionals will find this book very useful as a resource.

Cohen, P. T., Sande, M. & Volberding P. (eds). (1999.) *The AIDS Knowledge Base: A textbook on HIV disease from the University of California, San Francisco and the San Francisco General Hospital*. (3<sup>rd</sup> ed.) Philadelphia: Lippincott Williams & Wilkins. A textbook on the HIV disease which takes an in-depth look at various issues raising from the history of the epidemic in the USA to its epidemiology and transmission. From testing of HIV to basic science and pathogenesis of HIV. From management of HIV disease to clinical manifestation of HIV disease. From infections associated with HIV to ethical, legal and economic issues of HIV diseases ending with prevention and education. This reference covers the dramatic changes made possible by potent new drugs, combination anti-retroviral therapy, viral load measurements, knowledge of the dynamics of HIV replication. Addresses the clinical as well as the socioeconomic and political implications of AIDS.

DiSpezio, Michael A. (1998.) *The Science, Spread, and Therapy of HIV Disease: Everything you need to know, but had no idea who to ask*. Shrewsbury: ATL Press, 1998. This all-in-one guide has been created to give readers an insight into several aspects of HIV/AIDS. Everything from its outbreak to transmission to monitoring of HIV, right down to combatting the infection can be found in this book. Like a reference book, the reader can easily navigate their way around the different topics especially as it is set up in a question and answer format. The book is user-friendly, generously illustrated and good for those wanting basic knowledge of HIV. The self-administered test at the end of each topic enables you to test your understanding or knowledge of HIV/AIDS. Note should be taken that some information may have since been updated since this book was published in 1998. Every effort should be made to refer to more recent publications for accuracy. This book is apt for the general reader and for people who want a quick reference but do not necessarily want to cover a whole book.

Fee, Elizabeth & Daniel M. Fox (eds.). (1992). *AIDS: The Making of a Chronic Disease*. Berkeley: University of California Press. Various contributors present essays that describe how AIDS has come to be regarded as a chronic disease rather than a plague. The use of historical methods to analyse politics and public policy, human rights issues, and the changing populations with HIV infection is examined. Also included is an account of the complex relationships of the gay community to AIDS. Finally, several contributors provide a sampling of international perspectives on the impact of AIDS in other nations. Representing diverse fields and professions, including epidemiology, history, law, medicine, political science, communications, sociology, social psychology, social linguistics, and virology, this book may only be good enough as a historical reference tool as it was written over 10 years ago.

Gifford Allen L., Kate Lorig, Dianna Laurent, & Virginia Gonzalez. (2000.) *Living Well with HIV and AIDS* (2<sup>nd</sup> ed.) Palo Alto: Bull Publishing Company. This book is aimed at helping people with HIV/AIDS to learn a healthy way to live. It is a very user-friendly book that covers everything from the basics facts on HIV/AIDS right up to planning for the future for people living with HIV/AIDS (PLWHA). Managing personal and practical issues can be a challenge for PLWHA, but this book carefully gives the reader tools to work with in order to manage the situation. Examples include healthy diet, exercising and legal issues. A definite book to read and possess especially for PLWHA. Written in simple English this book is also a good reference for the public at large.

Merigan, Thomas C., John G. Bartlett, & Dani Bolognesi. (editors) (1999.) *Textbook of AIDS Medicine* (2<sup>nd</sup> ed.). Media: Williams & Wilkins This textbook provides the reader with an ability to survey the molecular, biological, immunological, epidemiological, clinical, psycho social, and ethical issues that inform any discussion of AIDS, while at the same time permitting the reader to focus on any individual area of interest of an in-depth review. It has a special clinical orientation for physicians and physicians-in-training. From a basic research perspective it can be valuable as well. It provides differing viewpoints of groups analysing the same topic with the idea that the reader will benefit from the diversity in thinking and analysis. The average reader might find this book too scientific and as such may not want to spend too much time on it. It is however an excellent resource for epidemiologists and people with a medical background or who have a very good understanding and/or interest in the clinical aspects of HIV/AIDS.

Smith, Raymond. (editor) (2001.) *Encyclopedia of AIDS: A Social, Political, Cultural, and Scientific Record of the HIV Epidemic*. New York: Penguin Books. This Encyclopaedia has been designed to provide a historical portrait and overview of two decades of the epidemic. With 179 writers contributing 250 entries, it covers a vast amount of information from basic science and epidemiology, transmission and prevention, pathology and treatment, impacted populations, policy and law, politics and activism, culture and society, to the global epidemic, it is a good read for people who want to learn more about topics outside their area of expertise. The reader will get to know more about AIDS and its effects on culture, politics, law and the individual and supplies information to help increase awareness and preparedness. It goes further to give reference for further suggested readings and keywords for online search.

Stine, Gerald J. (2002). *AIDS Update 2002: An Annual Overview of Acquired Immune Deficiency Syndrome*. Upper Saddle River: Prentice Hall. This book presents an understandable scientific explanation of what has been learned about HIV/AIDS over the last 21 years. It also provides readers with a conceptual framework of the issues raised by the HIV/AIDS pandemic so that they will be better able to deal with the challenges posed by this disease. It further offers answers to questions many people have about HIV and how their immune systems are affected by it. As a well laid out book, each chapter contains chapter concepts, a summary, review, questions, and references which make navigating through is rather easy. The illustrations in the book make it easier for understanding and is quite suitable for college students who are doing work related to HIV/AIDS as well as a quick reference book for the general public.

Trussler, Terry & Rick Marchand (1997). *Field Guide: Community HIV Health Promotion*. Vancouver: AIDS Vancouver/Health Canada. Originally intended to create a practical guide to HIV health promotion, this book ended up paving the way for a number of discussions; from the nature of health in the era of HIV/AIDS to the education of care providers to the capacities of community AIDS agencies to influence these issues. This is aimed at inspiring innovation, enhancing the quality of service and expanding the effort and increasing the capacity in community-based AIDS organization It also addresses some issues of global importance. With a focus on community work, this book will serve as a good tool for Community-Based HIV/AIDS Organisations (CBOs) The reader should expect to be able to find answers to such questions like; What is Health Promotion for community AIDS work? How does health promotion influence social environmental causes of HIV and AIDS? and How can Community AIDS agencies increase their capacities to manage their local HIV situation?

Van Vugt, Johannes P. (ed.). (1994). *AIDS Prevention and Services: Community Based Research*. Westport: Bergin & Garvey. The contributors of this book from very different backgrounds representing anthropologists, epidemiologists, sociologists, activities, and others working in the community have come together to discuss how to make CBO's more effective in dealing with particular groups such as gays, IV drug users, ethnic minority, women, campus communities as well as other groups. A few examples of Community-Based Research (CBR) programs are illustrated. The book provides a forum to discuss models, successes, limits, failures and suggestions for developing effective community based projects and to health care providers in an era of dwindling resources. For a book written in 1994, it is still a very useful book and can still very appropriately be used as a guide for CBO and people doing CBR as well as particular groups as mentioned above.

Webster, Schuyler. (Ed). (2000). **“HIV/AIDS: Issues within Aboriginal Populations”**, *Native Social Work Journal*, Volume 3. This special edition of the Native Social Work Journal on “HIV and Social Work” focuses on Aboriginal Persons Living With AIDS (APHAs), Aboriginal women, community development, research, Two-Spirited People and legal issues with the intent to expand the literature base of Aboriginal social work practice and to provide practical and up-to-date information. With a detailed reference and bibliography after every chapter, the reader is exposed to more sources which can be used to gain further information on the discussed topics. A good reference for people who are working with Aboriginal populations or doing research on Aboriginal populations or selected/target groups

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