



Aboriginal Health Care: Creating a Healing Infrastructure

September 17 & 18, 2009

Victoria Inn

555 W. Arthur St., Thunder Bay

Chair: **Dr. Cynthia Wesley-Esquimaux**

The Centre for Aboriginal Initiatives, University of Toronto

This conference will explore the latest challenges, solutions and best practices in Aboriginal health care across the province. The health and well-being of Aboriginal peoples in Ontario is influenced by many factors, such as culture, geography, an aging population, shifting demographics and the challenge of blending traditional healings and contemporary medicine. This in-depth, multi-stakeholder event will highlight innovations, integration opportunities and success stories among providers of health care in the north.

Conference topics include:

- Pre-Conference Workshop: The Sacred Journey - Restoring the Sacred Hoop
- Mental Health and Well Being of Aboriginal and Non-Aboriginal Youth: The Temagami Project
- Aboriginal Health Transition Fund: Status Report
- Health Human Resources: Development, Recruitment and Retention of First Nation Leaders
- Interpreters: Trainers, Caregivers, Advocates
- Addictions and Mental Health
- Traditional Health and Healing
- Cultural Safety Continuum: Challenges, Tools and Strategies
- Embracing Diversity in Clinical Care
- Designing Facilities to Support Cultural Diversity
- Suicide Prevention Strategies within Indigenous Communities
- Closing keynote speaker: **Tom Jackson**, singer, songwriter, producer, actor (star *North of 60*), entrepreneur, recipient of various humanitarian awards.

Registration

Registration will take place on September 17, 2009 at 1:00 pm, in the foyer of the Regency Room of the Victoria Inn 555 W. Arthur St., Thunder Bay, Ontario.

Space is not guaranteed, unless payment is received prior to the conference.

Optional Pre-Conference Workshop: \$ 50.00 + GST \$ 2.50 = \$ 52.50
 Conference Registration: \$ 295.00 + GST \$14.75 = \$ 309.75
 Total: \$ 295.00 + \$50.00 + GST \$17.25 = \$ 362.25

If more than one full registration is received from the same facility, a 15% discount (+ GST) will apply to the 2nd and each additional registration received, for both the Pre-Conference Workshop and the Conference Registration. The first registrant must pay the full registration fee. All group registrations must be received at the same time. This discount is not valid with other program promotions.

Cancellation Policy

Notice of cancellation must be given 3 working days prior to the date of the program. Refund **NOT** available for the Pre-Conference Workshop. A \$147.50 (plus 5% GST) administration fee will apply to all conference refunds. Registrants who fail to attend the program or cancel after the deadline date shall be liable for the entire fee. Substitutions are welcome. The Educational Services and Operations Division reserves the right to cancel or reschedule a program.

Confirmation

You will receive confirmation of registration via e-mail one week prior to the date of the conference, provided that you supply an e-mail address on the registration form below.

Hotel Accommodation

If you require accommodations, please contact the Victoria Inn at 807-577-8481. Please be sure to indicate booking ID #211021 to indicate you are attending the OHA conference to secure a special room rate of \$97.99 for single/double occupancy, by quoting booking number. Please be sure to **make your hotel reservation before August 27**, as accommodations for that time period are filling up fast.

Four Easy Ways to Register...

Internet: www.oha.com/conferences
 Fax: (416) 205-1340
 Email: rmoonah@oha.com
 Mail: Complete the form below together with cheque payment no later than **September 10, 2009** and mail to:

RGN015 Aboriginal Health Care Conference

Educational Services and Operations
 Ontario Hospital Association
 200 Front Street West, Suite 2800
 Toronto, Ontario M5V 3L1

For additional registration and program information, please call (416) 205-1355.

To register, simply mail, fax or e-mail the registration form below, along with payment. Please photocopy for additional registrants.

Miss Mrs. Ms. Mr. Dr.

First Name: _____ Last Name: _____

Position: _____

Name of Organization: _____ OHA Region: _____

Address: _____

Street City Prov/State Postal/ZIP Code

Phone No: (_____) _____ Ext: _____ Fax: (_____) _____
 Area Code Area Code

E-mail Address: _____ *(To be used for post-conference materials and conferences/events updates only)*

Please register me for the Pre-Conference Workshop (afternoon of Sept. 24) at \$52.50 per ticket Yes

Please register me for the Conference at \$309.75 per ticket Yes

Payment Method: Hospital Cheque Company Cheque Personal Cheque VISA/MasterCard/American Express

If paying by cheque, please make cheque payable to Ontario Hospital Association

Registration Fee: \$ _____ 5% GST: \$ _____ TOTAL: \$ _____

How did you learn about this conference? Email OHA Website (www.oha.com) Brochure
 Fax Publication/Newsletter Other _____

If paying by VISA/MasterCard/American Express, please provide the following information:

Name of Cardholder: _____

VISA/MasterCard/AMEX No: _____ Expiry Date: _____

Signature: _____ Authorization # _____

(for OHA use only)

PROGRAM CODE: 09015 • OHA Region 1 Aboriginal Health Care Conference • GST REGISTRATION #: 107797961RT

Please
Circulate to:

Educators and administrators, health care employers, Aboriginal health program and service providers, professional associations, Aboriginal partner groups, provincial and federal government representatives, researchers.

AGENDA

OHA REGIONS

Day 1 Thursday, September 17, 2009

2:00 pm to 5:00 pm **Pre-conference Workshop: The Sacred Journey - Restoring the Sacred Hoop**

Today there are more than 370 million Indigenous people in over 70 countries worldwide. Indigenous people of the world have distinct cultures and traditions and strive to maintain their social, cultural and political and economic practices. While each culture is distinct, Indigenous people worldwide and Canada's First Nations, Métis and Inuit share inequities related to their colonial history, health and wellness and rights to self-determination as a people. This workshop will share a worldview on Indigenous health, socioeconomic inequities and healing and wellness concepts. Participants will learn about how cognitive dissonance, societal values and attitudes which contribute to the loss of balance and harmony for Indigenous people globally. The session will explore sacred Aboriginal traditions and principles to set in motion a Sacred Journey towards the restoration of health, balance and harmony in our nations, our communities, our homes and our hearts.

Marilyn Morley
Aboriginal Health Policy Analyst,
Special Projects
Ontario Federation of Indian Friendship Centres

6:15 pm **Welcome Reception**

7:00 pm **Welcoming Remarks**

Wally Wiwchar
OHA Board Chair

7:10 pm **Thanksgiving/ Traditional Opening**

Opening Keynote Address
The Mental Health and Well Being of Aboriginal and non Aboriginal Youth: The Temagami Project: Bringing Two Cultures Together

Ray Pidzamecky M.S.W. RSW
Mental Health and Addictions Consultant
For Children and Youth
Northwest Territories/Ontario

8:00 pm **Screening of “The Healing Lens”**

“The Healing Lens” is a documentary about the healing power of making art and the resiliency of First Nations youth. It follows the four Anishinawbe youth who acted in "Seeking Bimaadiziwin", a film that deals with serious issues like depression, suicide and racism. Throughout the filmmaking process, these talented youth actually shared deeply personal connections to the script and had been touched by many of the same issues they were acting out in the film. They begin to find their own healing by telling a fictional story in a creative way. However, it is their real lives that are the true story.

Day 2 Friday, September 18, 2009

8:30 am **Thanksgiving/Traditional Opening**

Welcome and Introductions

Chair:
Dr. Cynthia Wesley-Esquimaux
The Centre for Aboriginal Initiatives
University of Toronto

9:15 am **Aboriginal Health Transition Fund: Status Report**

-Project overview
-AHTF recipients and project updates

Miriam Johnston
Senior Policy Specialist,
Aboriginal Health Strategy
Health System Policy and Relations,
Health System Strategy Division
Ministry of Health and Long-Term Care

9:30 am **Health Human Resources - Development, Recruitment and Retention of First Nation Leaders**

- Training programs
- Nationally recognized core competencies
- Incentives

Marion Crowe
First Nations and Inuit Health Branch
Health Canada

10:15 am Break

10:30 am **Interpreters**

- Trainers, caregivers, advocates

Speaker TBA

11:15 am **Addictions / Mental Health**

Dr. Peter Menzies
Clinical Head of Aboriginal Services
Centre for Addiction & Mental Health

12:00 pm **Lunch**

1:00 pm **Concurrent Breakout Sessions**

Traditional Health and Healing	Cultural Safety Continuum	Elders Storytelling Circle
Speaker TBA	Helen Cromarty Special Advisor for First Nations Health Meno Ya Win Health Centre	Speakers TBA

1:50 pm Break

2:05 pm **Concurrent Breakout Sessions Continued**

Embracing Diversity in Clinical Care	Designing Facilities to Support Cultural Diversity	Supporting Community Strengths-Based Suicide Prevention Strategies within Indigenous Communities
Rani Srivastava Deputy Chief, Nursing Practice Centre for Addiction & Mental Health	Janet L. Sillman Vice President, Mental Health and Addiction Services, St. Joseph's Care Group, Thunder Bay John Stephenson Kuch Stephenson Gibson Malo Architects & Engineer, Thunder Bay Robert Davies Principal, Montgomery Sisam Architects Inc., Toronto	David Masecar, M.A. C. Psychological Associate, Ottawa

2:55 pm Break

3:15 pm **Keynote closing address - Conference Key Messages**

Tom Jackson, Musician and Candian Actor



Tom is well known to Canadians as an accomplished musician and actor dedicated to helping the less fortunate. Born on the One Arrow reserve in Saskatchewan and raised in Winnipeg, Tom left school at the age of 15 and spent seven years living on the back streets of Winnipeg. This experience built the foundation of his character - tenacity, leadership, determination to succeed and an altruistic capacity to care for others. Tom has been awarded the Humanitarian Award at both the 2007 Junos and Geminis and Queen's Jubilee medal in 2002. Time Magazine has named him one of Canada's best activists. As a singer and songwriter, Tom has recorded 14 albums, two of which have received Juno nominations. Tom is also an award-winning actor. Fans of the CBC television series North of 60 will know him as Chief Peter Kemidi, a role he portrayed for six seasons. When a fellow cast member committed suicide on North of 60, Tom was exposed to the devastating effects of suicide in Aboriginal communities. His response was to create and initiate the Dreamcatcher Tour. After a dozen years, 170 urban and reserve locations across Canada have benefited from Tom's workshops, music, and overall messages of empowerment for communities suffering the loss of young lives to suicide. Tom's next foray in elevating the quality of life for Canadians is the manufacturing of affordable housing.

4:15 pm Adjournment

Thank you to our Planning Committee:

Dr. Cynthia Wesley-Esquimaux
The Centre for Aboriginal Initiatives,
University of Toronto

Knowles McGill
Trustee, Sioux Lookout Meno-Ya-Win
Health Centre, Sioux Lookout & OHA
Board Treasurer

Janet L. Sillman
Vice President, Mental Health and
Addiction Services, St. Joseph's Care
Group, Thunder Bay

Roger Walker
President and CEO, Sioux Lookout
Meno-Ya-Win Health Centre

Deborah Cumming
Policy Advisor, Policy & Legislative/Legal
Affairs, OHA

Todd Hutchings
Director, Distance Learning, Educational
Services, OHA