

Strengths-Based Approach in the HIV, HCV, & Overdose Response

In indigenous communities, strengths-based approaches are used to focus on what is working well. It is a prerequisite for meaningful engagement and collaboration with IPHAS. It can be used when working one-on-one with patients, service users, community and community members.



These approaches include:

What does
**Strengths-Based
Approaches**
mean?

Highlight what is going well for communities & individuals

1

Identifying supports & strengths that already exist in our communities

2

Resisting stigma and stereotypes

3

Building trust within communities & individuals

4

Recognizing structural inequalities that create barrier to health & wellness

5

Viewing an individual's whole self and full humanity & not just as someone who needs help, support, or services.

6

Highlighting the characteristics, wisdom, and experiences within individuals & communities.

7

Influence the words & images we use to communicate about people and projects, research questions, and the types of programs we offer to support our communities.

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