

**THE ONLY WAY TO
KNOW IF YOU
HAVE HIV OR
HCV IS TO
GET TESTED**



What is HIV?

HIV is a virus that can weaken your body's immune system making it harder for your body to fight disease or infection.

HIV is most commonly passed through sex or sharing injection equipment.

HIV cannot be cured, however with treatment, people with HIV can live long, healthy lives!

What is Hepatitis C?

Hepatitis C is an infection caused by the hepatitis C virus (HCV) that damages your liver.

HCV is most commonly passed through sharing drug use equipment.

HCV can be cured with treatment taken consistently!

**39
Million**

people worldwide
are living with
HIV/AIDS.

Take steps to prevent contracting or transmitting HIV. Protect yourself and your partners.

Contact Us

ACNL

Aids Committee of Newfoundland and Labrador

Tommy Sexton Centre
47 Janeway Pl.,
St. John's, NL A1A 1R7

Phone : (709) 579-8656
Toll-Free: 1 (800) 563-1575

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**AIDS COMMITTEE OF
NEWFOUNDLAND
AND LABRADOR**

HIV and Hepatitis C Services

HELP IS AVAILABLE!





HIV and Hepatitis C Services

ACNL aims to provide services that are stigma-free and culturally safe. Any services you receive will be led by your goals.

Education & Prevention

Have questions about HIV or HCV? Want to learn more about safer sex or safer drug practices? Our Coordinator can provide you with the information you need to prevent, manage, or just better understand HIV and Hepatitis C.

Onsite Testing

ACNL has HIV self-test kits onsite!

These kits allow you to test yourself for HIV with just one drop of blood. You can choose to test in the office with support from the Coordinator, or take some tests with you to do in another place where you feel safe.

Supportive Services & Case Management

Our Coordinator offers light case management support for people living with HIV or hepatitis C. Case management services include:

- Taking you to appointments
- Helping you navigate systems (e.g. income support, housing)
- Supportive counseling sessions
- Referrals to other services

Testing & Treatment Referrals

If you are looking to get tested for HIV, HCV, or another sexually transmitted infection, our Coordinator can direct you to a clinic that will meet your needs.

If you have been diagnosed with HIV or HCV, the Coordinator can refer you to a specialist to start treatment.

OTHER PROGRAMS AT ACNL

Safe Works Access Program (SWAP):

safer sex supplies across the province. To learn more or place an order call (709) 757-7927

Tommy Sexton Centre Shelter:

The Tommy Sexton Centre shelter is a 4 bed emergency shelter for people living with or at risk for HIV or hepatitis C who are experiencing homelessness. We accept referrals through the NL Emergency Housing Line: 1-833-724-244.

Supportive Housing:

ACNL has 6 supportive housing units for people living with or at risk of HIV or hepatitis C. Residents follow programming that works towards their self-identified goals. Referrals for this program come from the End Homelessness St. John's Coordinated Access to Housing Program.

ACNL Contact Information:



709-579-8656



1-800-563-1575

For more Indigenous-specific resources, please visit www.caan.ca



YES WE
CAAN!
END THE STIGMA